

STUDENT'S DIARY

J & K SAINIK SCHOOL MANASBAL Jammu & Kashmir



Post Office : Tullamulla - 191131

website : www.jksainikschool.com

email : jksainikschool@yahoo.com

Let Me Introduce My Self

Name.....

My Class..... Section.....

Admission No..... Roll No.....

Date of Birth..... Blood Group.....

House.....

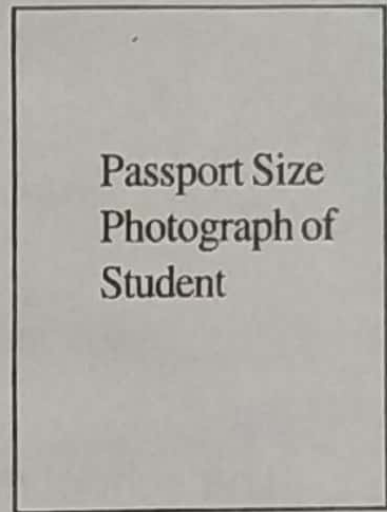
My Class Teacher :

My Sister/Brother studying in my school.....

Class..... Sec.....

My Residence No.....

My Parent's Mobile No.....



Singnature of the Student



Our Motto

The school motto is "Through toil to the stars"

The school crest "**Chinar Leaf**" depicts a sense of permanence and durability with evergreen youthfulness and inspires learning, wisdom and creativity. **The Candle** signifies discipline, enlightenment and dynamism. **The Book** manifests knowledge with intellect and culture. Our motto emphasizes achievement par excellence.

MEET MY PARENTS

My Father's Name.....

(in Capital Letters)

Designation / Occupation.....

Office Address.....

Passport Size
Photograph of
Father

.....Mobile No.....

Educational qualification.....

Specimen Signature.....

My Mother's Name.....

(in Capital Letters)

Educational qualifications.....

Designation/Occupation.....

Office Address

(if Applicable).....

Passport Size
Photograph of
Mother

.....Mobile No.....

Specimen Signature.....

Guardian (if any).....

Name & Full Address.....

(with Photograph).....

Telephone No.....

Specimen Signature.....

Passport Size
Photograph of
Guardian

I have read all the rules of the school and promise to abide by them.

Signature of Parents/Guardian.....

STUDENT'S PLEDGE

India is my Country and

All Indians are my brothers and sisters

I Love my Country

And I am proud of its rich and ,

Varied heritage.

I shall always strive to be worthy of it.

Shall respect my parents, teachers and all elders

And treat everyone with courtesy.

To my country and my people.

I pledge my devotion.

In their well-being and prosperity

Alone lies my happiness.

MANNERS AND ETIQUETTES

Basic Manners;-

1. Always be honest and truthful to self and others.
2. Keep your body, mind and soul clean.
3. Be polite. It is nice to use expression like "Please", "Thank you", "I'm Sorry" etc. appropriately (Request class teacher to hold a practice dialogue).
4. Be kind to old people and ladies.
5. Be kind to animals.
6. Make it a habit to find goodness in others. Pay compliments sincerely.
7. Do not lose your temper. One looks ridiculous in bad temper and generally it ends in repentance.
8. It is bad manners to argue. Think you may win a point often better by agreeing not by arguing.
9. Be considerate to your friends and neighbour's at home and in school.
10. Mere reading of good manners does not make one perfect.

Practice them.

Personal Manners:-

1. Keep your body-mind and soul clean.
2. Wear clean clothes always.
3. It does not benefit students to wear costly and showy garments; "Neat and simple" should be the motto.
4. Walk and dress smartly like a gentleman.
5. Do not cough, yawn, sneeze or belch in presence of others without covering your mouth or nose with a handkerchief or hand and it is advisable to turn your face away from others while doing so. When you've finished, say, "Excuse me" or "I'm Sorry".

On Meeting New People:-

1. "How do you do" is an apt greeting on meeting strangers.
2. Avoid a string of personal questions on first meeting such as "How much pay do you draw"? And also do not start telling about yourself.
3. Do not call them by name. Use expressions such as "Sir", "Mr." "Mrs." And "Madam".
4. It is not only your school staff who are to be addressed as "Sir" or "Madam" but also other superiors such as a visiting guardian, any official or any elderly gentleman or lady,
5. Respect old age. Polite and endearing terms are heartening even to the poor.
6. Do not shout or argue in presence of elders.
7. Normally do not speak unless addressed by elders.
8. When entering a building or vehicle open the door for others/ ladies whether senior, equal or junior.
9. Offer seat to your senior. It is good manners to stand up when they stand next to you. The only exception is when you are eating, seniors do not expect you to leave your meal and stand up. You may, however, wish or greet them when addressed or spoken directly.

Towards Equals:-

1. Be considerate and polite.
2. There will be always competition. Make it healthy and bear no enmity or prejudice.
3. Do not crack jokes with each and every one. Take each one's temperament and mood into account.
4. Have a sense of concern for your colleagues.
5. If you get more pocket money than others, do not boast or show off. Be modest in the canteen and while shopping.
6. Share what you can with others. Above all, remember these are precious days in your life. Friendships and impressions you make now will last for a lifetime.

Towards Those Below You:~

1. No one is poor in the eyes of God.
2. The poor do deserve courtesy, kindness and respect from you.
3. Do not shout or abuse your staff, waiters, warders, sweepers and cooks. If you address the waiter at the table, "Mr. X, Please give me water" or "Please give me water" he will respect you and give you a better service.
4. Help in their chores such as in sweeping your dormitories. By your own example prove that no one is mean.
5. Greet them and their families as you greet others.

Towards Ladies:-

1. A lady is always to be respected and protected.
2. Treat ladies like your own mother, aunt or sister.
3. Stand up when ladies elder to you pass by or come to you.

CADET'S MESS/DINING HALL

1. Cadets are to move house-wise to the Dining Hall for all meals.
2. They should enter the Dining Hall in single line.
3. Discipline should be maintained in the Dining Hall.
4. Cadets should follow Dining Hall etiquettes.
5. Cadets should leave the Dining Hall silently.

The mess is a Cadet's home. Every Cadet has to maintain a high standard of decency and decorum in the mess. Every Cadet should take pride in this institution and uphold its dignity. Some tips to follow in the mess.

Do's & Don'ts

1. Observe Punctuality.
2. Follow the dress code strictly.
3. The senior most dining member occupies the seat at the head of the table.
4. While eating do not keep your mouth open.
5. Do not produce any noise with cutlery.
6. Do not leave your seat, when the meals are in progress. Do not shout at the bearer.
7. In case your table mate/neighbour's seat is vacant (but the table laid, do not eat from his plate).
8. Do not get up for a second helping. Instead ask your neighbors/mates to pass the dish over to you.
9. Don't argue with the bearer or any mess staff.
10. Do not criticize the food when the meals are in progress.
11. Do not start blowing your nose and cleaning your throat while seated at the dining table.
12. While talking to your mates/neighbors, do not hold the cutlery up.

POINTS FOR PARENTS

1. Parents/guardians are permitted to meet their wards on parent's Day each month only from 1100 hours to 1600 hours. Parents Day will not be observed during Exam days.
2. The tuition and other fee must be paid in time otherwise the student will not be permitted to study in school.
3. Parents should watch the cadet's progress carefully in academic and outdoor activities.
4. Parents should meet the Head Master, if their ward's progress is not satisfactory.
5. Students are required to score 40% in each subject and 50% aggregate to retain the scholarship.
6. Parents must not give mobile phones/other electronic gadgets to their wards.
7. Parents are requested to have regular correspondence with their wards and school authorities.
8. Parents have to ensure that their wards meticulously follow the booking out and booking in schedule.
9. Parents should ensure that their wards utilize vacation period for studies and for completing the OTW.
10. Parents should send their wards back to school after each break or vacation as instructed.
11. Fine for late reporting after vacations @ Rs. 50 per day will be charged.
12. Parents will not visit classes and dorms.

सैनिक स्कूल :- 'मानसबल'

हम वीर हैं, हम सैनिक हैं
मानसबल स्कूल के

चलते हम सीना तानें
चलते हम झूम के

हम वीर हैं

सुंदर है स्कूल हमारा

सुंदर सुंदर यहाँ नजारा

हुए धन्य भाग्य हमारें

आए यहाँ जो चुन के

हम वीर हैं

हमने सीखे ढंग यहाँ

देखे कई रंग यहाँ

सोना से हो गए कुंदन

हो गए पक्के धुन के

हम वीर हैं

मिलता प्यार गुरुजनों का

और मिलता ज्ञान है

आए हम देश के काम

ऐसे अरमान हैं

साकार करने है उन सपनों को

जिन्हें चले हम बुन के

हम वीर हैं

कठिन डगर है, धैर्य मगर है

पा लेंगे हम मंजिल को

पग धरा हमनें भी उनपें

महापुरुष चलें, जिन राहों को चुन के

हम वीर हैं हम सैनिक हैं

मानसबल स्कूल के।

